

REQUEST FOR APPLICATIONS

CTSI · BIRCWH · CWIMS

Mothers Leading Science 2021-2022

Mothers Leading Science (MLS) is a year-long leadership development program for research-intensive female faculty in the health sciences who are raising school-age and/or young children. The purpose of this program is to foster professional and personal growth, provide peer mentoring, integrate the dual roles of scientist and mother, develop future institutional leaders, and build a network of peers for ongoing support throughout their careers. The program meets monthly from December 2020 – November 2021 on Tuesdays. Exact timing will be determined by group member availability. See program plan below for details.

Benefits: Dedicated programming and facilitation, peer support and connection, networking, resilience and leadership training, and annual retreats. There is no cost to participate in this program.

Program details

Cohort size: 8-12

Length: 1-year formal programming, followed by annual retreat and consultation

Curriculum: Brené Brown's **Dare to Lead™** leadership training program, various topical articles, book chapters, TED talks, and podcasts. The goal is to keep pre-work modest and the conversations vital.

Eligibility:

- Health sciences research-intensive (must have $\geq 50\%$ protected research time)
- Identify as female
- Mother of school-age and/or younger child(ren) living in the home at least 50% of the time
- Must be able to commit to year-long program and attend, at a minimum, the retreat and 75% of meetings
- Strong interest in professional, personal, and leadership development
- Open to giving and receiving peer support
- Willing to participate in all program evaluation efforts

Priority given to current and former CTSI and BIRCWH Scholars, and diverse/underrepresented faculty in the health sciences. Click [here](#) for the definition of underrepresented faculty.

Scholar application process

Now Accepting applications for the 2021-2022 Cohort.

Submit your application by August 1, 2021, by midnight, with the following information to be considered for this cohort. [APPLICATION LINK](#)

Application components:

- Name
- Current Department/unit and institution
- Faculty Rank
- Faculty appointment start date at UMN, VA, or HHRI
- Date of first faculty appointment (if transferred from another institution)
- Current or former career development award, if applicable (CTSI/BIRCWH/OTHER)
- Updated curriculum vitae
- Amount of protected research time (must be $\geq 50\%$ protected time)
- If applicable, [URM](#) designation
- Gender Identity
- Household demographic information
- Four short required statements plus a fifth optional statement each <250 words:
 - Explaining your motivation for joining this program
 - Describing your current research career plans
 - Describing past professional and personal development activities
 - Describing a difficult challenge you are facing currently and how this program would be helpful
 - (Optional) Describing additional caregiving responsibilities or extenuating circumstances that add significant stress to your life (e.g. child with special needs, ill parent, single parent status)

MLS is a collaboration of the Clinical and Translational Science Institute (CTSI), Building Interdisciplinary Research Careers in Women's Health (BIRCWH) program, and the Center for Women in Medicine and Science. Questions may be directed to Michelle Lamere, MPA, ACC, Asst Director for Education Programs and MLS program director and facilitator, at mlamere@umn.edu.

Program Plan 2021-2022

Meeting timing	Event content
December	Two-hour kickoff meeting
Jan - May	Two meetings monthly, 60 min each
Between May – Jun (dates TBD)	Two-day Retreat: Brené Brown Dare to Lead™ (DTL)
Jun - Nov	One meeting monthly, 90 min
Annual	Annual retreat with networking with other MLS cohorts and breakouts for each cohort to reconnect and renew
Evaluation and self-assessment throughout	